

Saturday, 8/15/26 at 4:00 | Sunday, 8/16/26 at 9:00



Part 1 of 2

Text: NAS 2020

Introduction:

Dear Friend: Life gives us plenty to worry about—health, family, finances, relationships, work, crime, war, the future, and even death. Those worries can feel overwhelming. But God invites us to **bring each one to Him** and **stay in His peace!**

1 – KNOW

BIBLE: Since God has revealed Himself to us in the Bible, let us be confident that The Bible Is True (*read that brochure*).

Therefore: When ♦our feelings tell us one thing and ♦God's Word tells us another, **let us trust God's Word, the Bible!**

GOD: Before we can trust Him with our anxieties, we need to know more:

GOD'S COMPLETE KNOWLEDGE

God knows ♦what has happened, ♦what is happening, and ♦what will happen: **“I am God, and there is no one like Me, declaring the end from the beginning.”**

—Isaiah 46:9–10

Nothing catches God by surprise. Therefore: **Let us rest in Him!**

GOD'S COMPLETE CONTROL

The Bible says: **“Who is there who speaks and it comes to pass, unless the Lord has commanded it?”**—Lamentations 3:37

Nothing is beyond God's knowledge or authority. Even when we cannot understand, **God is in control**. Therefore: **Let us rest in Him!**

GOD'S MAKING AND SUSTAINING WORK

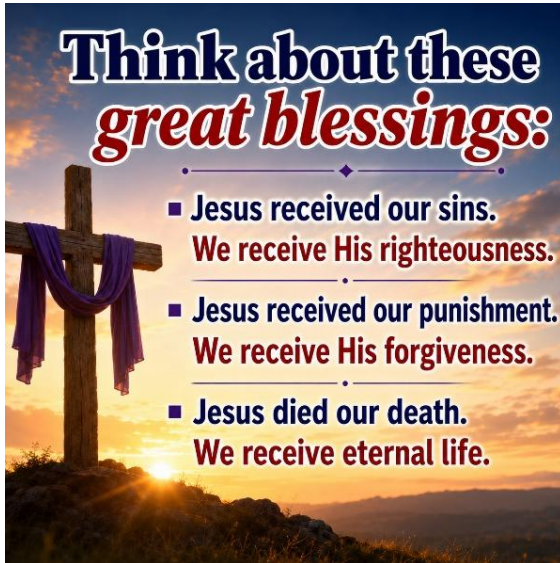
- God created us: **“God created man in His own image...”**—Genesis 1:27
- God knew us even before we were born: **“Your eyes have seen my unformed substance; and in Your book were all written the days that were ordained for me.”**—Psalm 139:16
- Every moment of our lives depends on Him: **“...in Him we live and move and exist.”**—Acts 17:28
- God continues to provide for His creation: **“You open Your hand and satisfy the desire of every living thing.”**—Psalm 145:16

Therefore: **The God who *gave me life* can be trusted *with my life*!**

GOD'S GREAT LOVE FOR US

Our greatest problem isn't anxiety. **Our greatest problem is sin.**

- We have all sinned against the God who made us. Yet He still sent His Son to save us: **“For God so loved the world, that He gave His only Son...”**—John 3:16
- John the Baptizer pointed to Jesus and said: **“Behold, the Lamb of God who takes away the sin of the world!”**—John 1:29
- Paul explained God's saving work: **“He [God the Father] made Him [God the Son] who knew no sin to be sin in our behalf...”**—2 Cor. 5:21



Question: Do you **know Jesus** as Savior and Lord? So, ♣are you sorry for your sins, ♣are you trusting in Jesus for heaven, and ♣are you living for Christ (see Luke 9:23)?

Unsure? Need help? Let's talk!

Now: Since God has already ♣taken care of our sin and ♣gifted us with eternal salvation—**we can trust Him with every other problem as well!**

PERSPECTIVE: Let us be in harmony with the truth. Then, *when anxiety begins to take over, let's remember what is true:*

- Nothing surprises God!
- Nothing is beyond God's control!
- God has our lives in His hands!
- The cross proves God's love for us!
- We are forgiven through Jesus!
- We have God's gift of eternal life!

Therefore: Instead of allowing our circumstances to determine how we see God, **let us use God's Word to determine how we see our circumstances!**

2 – REMEMBER

Now that we KNOW more about **Bible, God,** and **Perspective,** let's
♦understand and ♦apply the key text:
Philippians 4:5b-9

“The Lord is near.”—Phil. 4:5b

The Lord: ♦You may not see Him or feel His presence. ♦Your situation may seem overwhelming. **BUT** the Lord who made you, loves you, redeemed you, and saved you through Jesus **IS NEAR YOU.**

Therefore: Whenever anxiety comes, remember: **You are not alone, He is near!**

Let Us Pray: Dear Father in heaven, TYSM for making us Your own! Help us to learn, practice, and stay in Your peace!



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